Stillness

a series of Valentina Loffredo

"There was no time, no thought, there was nothing – just the light and a profound, limitless stillness." Pema Chodron

stuck
year: 2017
76 x 109 cm
edition of 8

alike
year: 2017
76 x 120 cm
edition of 8

castaway
year: 2017
76 x 109 cm
edition of 8

curated
year: 2017
76 x 120 cm
edition of 8

immersed
year: 2017
76 x 120 cm
edition of 8

surrounded
year: 2017
76 x 109 cm
edition of 8

balanced
year: 2017
76 x 120 cm
edition of 8

distant
year: 2017
76 x 120 cm
edition of 8

in place
year: 2017
76 x 120 cm
edition of 8

ready
year: 2017
76 x 120 cm
edition of 8

back
year: 2017
76 x 109 cm
edition of 8

Shot in September 2017, Stillness explores the healing process that leads us from a trauma back into life, in a visual-narrative sequence of eleven photographs.
Through recurring symbolic elements and uncanny compositions, Valentina Loffredo draws a parallel between our life and a seascape and observes what happens after a sudden and unexpected storm.

As curator and writer Ilaria Speri describes in Stillness introductory text: "Bereft of spatial or temporal connotations, inhabited by enigmatic presences, these photographs [...] are presented as the visual translation of a mental space, which transports us into a dreamlike, metaphysical dimension. They inhabit a space on the verge between autobiography, imagination and reality, opening up its expressive strength to a shared, empathic human dimension"

ABOUT THE ARTIST

Valentina Loffredo is an Italian fine art photographer, based in Hong Kong. Her art practice begins in late 2013, when Loffredo starts experimenting with photography and posts her images on Instagram.
Her work achieves immediate success, leading, in 2017, to a series of solo and group exhibitions.
Her series “As for me, I’m very little” has been exhibited with solo shows in Hong Kong and Milan and featured in Personal Structures, collateral event of the 57th Venice Art Biennale.
Two of her photographs have been selected by Sotheby’s for their upcoming art contemporary auction Curated: turn it up.
Her first photography book will be published by New Heroes & Pioneers in early 2019